



The Berry Architecture Team

## New “Green” Opportunities

Here are a couple of interesting green ideas that we have discovered recently.

### 1. Get a “green” hard hat!

- MSA has developed a protective hard-hat manufactured using high-density polyethylene (HDPE) sourced entirely from sugarcane ethanol. It meets performance standards of ANSI Z89.1 and CSA Z94.1. It is also 100% recyclable and suitable for reuse in safety or non-safety products. Check out [www.msasafety.com](http://www.msasafety.com).

### 2. Recycle your old thermostat.

Just sign up for “Switch the ‘Stat.” Participation is easy and free. All registrants receive collection, shipping, and promotional materials.

Visit [switchthestat.ca](http://switchthestat.ca) to register.



Follow us on Facebook and/or Twitter for your chance to win a special prize—draw is Jan 31.



## CMHA Wellness Day Update

On February 1, 2014, Berry Architecture is hosting an Indoor Cycling “Wellness Day” to raise funds for the Canadian Mental Health Association. We will have two former pro cyclists leading our clinics—Olympic and Tour de France star Tyler Hamilton and groundbreaking Canadian Alex Stieda. There will be 4 spin bike clinics at the Collicutt Centre in Red Deer, 3031-30<sup>th</sup> Avenue. The clinic schedule is:

- 11:30 - 12:30 Alex Stieda
- 12:45 - 1:45 Tyler Hamilton
- 2:00 - 3:00 Alex Stieda
- 3:15 - 4:15 Tyler Hamilton

There are 20 spin bikes available per session. A \$250.00 donation to CMHA purchases a spot in a spin bike clinic of your choice and a banquet ticket to the fundraising gala to be held the same evening (6:00-9:00pm) at the Sheraton Hotel (Monaco Room), 3310-50<sup>th</sup> Ave, Red Deer. A donation of \$400.00 purchases two clinic spots (for two different clinics or two spots in one clinic) and two gala tickets. Riders can purchase spots in as many clinics as they like subject to availability. Tickets for the gala only are available for \$50 (all proceeds to CMHA).

The evening gala will include a meet and greet with Tyler and Alex, a banquet, speeches by Tyler and Alex, and a silent auction. The silent auction will feature items of interest to cycling enthusiasts.

Click [here](#) for registration forms or contact [ride@berryarchitecture.ca](mailto:ride@berryarchitecture.ca) to register!

Info and auction items are on our Facebook page: [CMHA Wellness Day](#).



[Tyler Hamilton](#)



[Alex Stieda](#)

## Our Services: Master Planning

Berry Architecture provides Master Planning services for large and small-scale projects. Our experience includes housing developments, community and subdivision planning, seniors’ communities and aging in place developments, parks, and recreational sites and facilities. These services encompass navigating local and provincial regulatory approval processes, developing presentation materials, and providing business development consultation, including feasibility options. For more information on these services, contact Bonita at [bonitar@berryarchitecture.ca](mailto:bonitar@berryarchitecture.ca).

